## Check-ups are not just for babies. **Pre-teens** need them too.

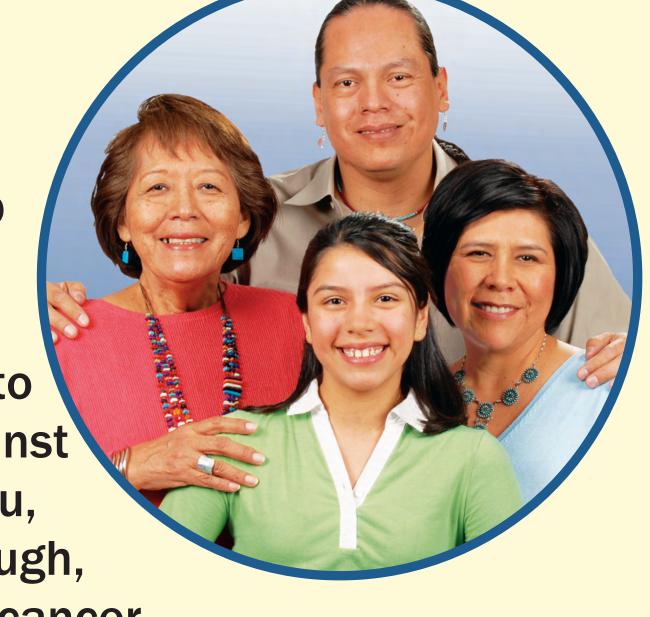
Doctors recommend all

11 and 12 year olds get a

pre-teen check-up to monitor their
growth and screen for diabetes.



The check-up is also the perfect time to get shots to **protect** against meningitis, flu, whooping cough, and cervical cancer.



Protect the circle of life. Schedule a check-up for your pre-teen today.

For more information, ask your child's healthcare provider or call **800-CDC-INFO** (800-232-4636)
Website: www.cdc.gov/vaccines/preteen/aian









